

EQUIFit brings you into balance

EQUIFit is a unique biofeedback system. It enables sufferers of all ages to receive targeted dizziness therapy in the comfort of their own home: self-determined, without medication and non-invasive.



Effectiveness scientifically proven.
Vertigo training medically recommended*



Supports intuitive learning processes in the brain



Simple operation via gesture control



Measures the vertigo where it occurs



Guideline: Dizziness acute in the family practice - 053 -018018

Evaluation of the results

EQUIFit provides feedback on the training result during training.



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Developed and made in Germany



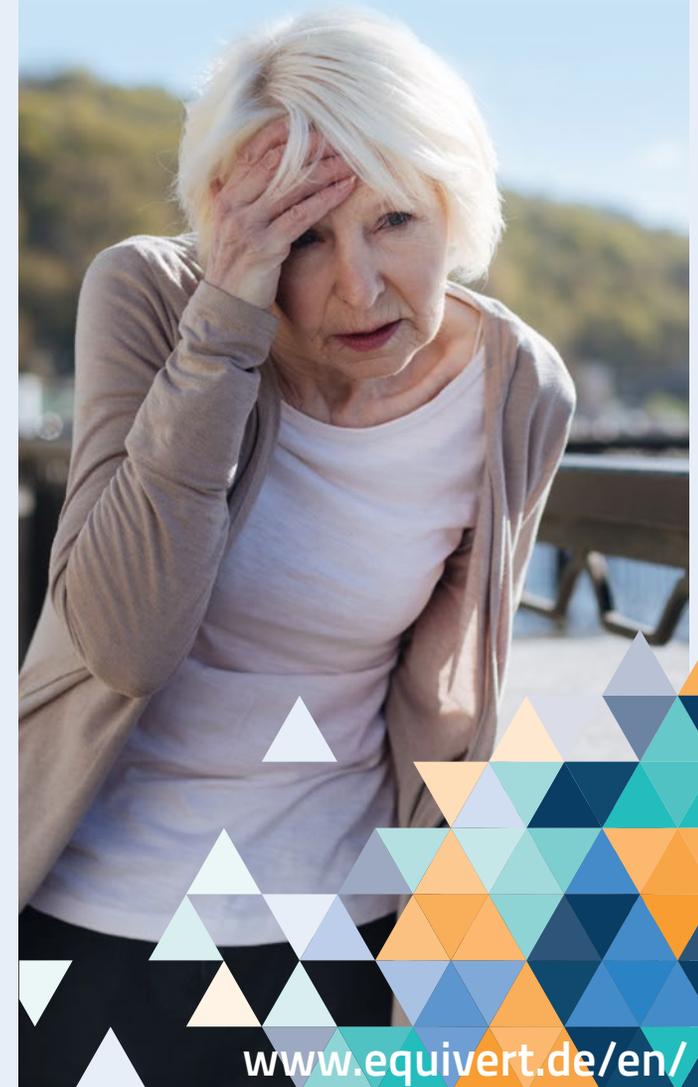
EQUIFit is an approved medical device
A brand of GED mbH

Version 1.3



EQUIFit[®]

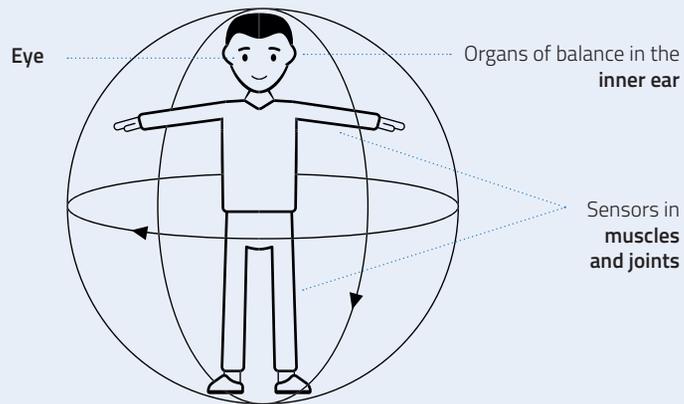
The innovation for vertigo and gait instability – for training at home



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Who does EQUIFit help?

Vertigo is not a disease. It is a symptom that can have a variety of causes. In most cases, it is caused by a disorder of the vestibular system.



The EQUIFit therapy specifically trains the interaction of all senses involved in balance. This can reduce dizziness, gait insecurities and the risk of falls.

Notice: EQUIFit can help with both vestibular and other types of vertigo. If you have any doubts about whether EQUIFit is suitable for you, please talk to your doctor.

How does EQUIFit therapy work?

EQUIFit is ready for immediate use. All exercises and training programs are pre-installed. The easy-to-understand audio guide leads through the training.

When we are balanced, we keep our head and body straight: we are in the equilibrium position. The EQUIFit headphones capture the information that is otherwise captured by our inner ear: the relative position of the head and its movements.



If the user deviates from the equilibrium position during the exercises, he receives acoustic feedback from EQUIFit and can thus specifically bring himself back to the equilibrium position.

EQUIFit dynamically adapts the exercises to the training progress – so you train safely and efficiently at all times.

What is biofeedback?

Countless regulatory processes run unconsciously in the human body. Biofeedback makes these processes perceptible. This enables the user to consciously influence otherwise unconscious bodily functions.